

POST-CONFERENCE FIELD TRIP OPTIONS 3 DECEMBER 2022



Earth
Charter.[®]
INTERNATIONAL

2022 EARTH CHARTER CONFERENCE

PUTTING PLANETARY WELL-BEING AT THE CORE: A CALL TO TURN OUR CONSCIENCE INTO ACTION

Earth Charter Center for Education for Sustainable
Development at the University for Peace

San José, Costa Rica 1-2 December 2022





Option #1: Visit to Carara National Park and a permaculture coffee farm

Buses will depart from the hotel at 8am. It is a bit over an hour commute to Carara National Park. At the park we will be greeted by a local tour guide who will then walk us through the park for about 2 hours. Once we are ready to leave the park, we will stop for lunch at Villa Lapas. After lunch, we will begin heading back and take a quick detour to visit El Toledo Coffee Farm, where we will learn about their permaculture coffee production and taste some delicious coffee. After that, we have a 40 minute drive back to the hotel so you can get some rest!

Total cost: \$90

please be advised this does not include lunch

Estimated field trip time: 8.5 hours

[Click here to register for this field trip.](#)

Minimum amount of people: 8



Option #2: Visit to Quetzales National Park and CoopeDota Coffee Tour

Buses will depart from the hotel at 7am, and it is a bit over a 2 hour commute to Quetzales National Park.

Located in a beautiful mountainous area, this park is known for the bird "quetzal", hence its name. At the park we will be greeted by a local tour guide who will then walk us through the park for about 2 hours. Once we are ready to leave the park, we will stop for lunch at Las Vueltas Lodge. After lunch, we will take a quick detour to visit CoopeDota coffee tour, where we will take a tour and taste some delicious coffee. After that, we have a 1.5 hour drive back to the hotel. If you decide to take this field trip, please be advised that it is in a colder area of the country, so don't forget a jacket and long pants!

Total cost: \$120

this cost includes lunch

Estimated field trip time: 12 hours

[Click here to register for this field trip.](#)

Minimum amount of people: 8



Option #3: Visit to The Green Ark Foundation Botanical Gardens and the city of San José

Buses will depart from the hotel at 9am, and it is a bit over a half hour commute to The Green Ark Foundation Botanical Gardens. We will take a guided tour of the botanical gardens and learn about the foundation's mission. Lunch will be included in the tour and consists of a 6 course farm-to-table culinary experience with products produced at the gardens. After lunch, we will drive to the capital city, San José. You will have the option of visiting the Pre-Columbian Gold Museum and getting a quick tour of the downtown area of the city. After that, we have a 25 minute drive back to the hotel so you can get some rest!

Total cost: \$120

this cost includes lunch

Estimated field trip time: 8 hours

[Click here to register for this field trip.](#)

Minimum amount of people: 8



Option #4: Visit Irazú Volcano and Prusia Forest

Buses will depart from the hotel at 8am, and it is a 1.5 hour commute to Irazú Volcano. Hopefully we will have beautiful weather to get a view of the majestic crater. Each person can walk around individually, take photos and read about this volcano. Once we are ready to leave, we will stop for lunch at Sueños del Irazú. After lunch, we visit Prusia Forest, which offers 16km of trails, so you can go on a short or long hike! After that, we have a 1.5 hour drive back to the hotel. If you decide to take this field trip, please be advised that it is in a colder area of the country, so don't forget a jacket and long pants, as well as comfortable clothes and shoes!

Total cost: \$70

please be advised this does not include lunch

Estimated field trip time: 8.5 hours

[Click here to register for this field trip.](#)

Minimum amount of people: 8

GENERAL INFORMATION

¿What does the cost of each field trip include?

Every field trip includes:

- Transportation to and from conference hotels
- Entrance fees to field trip sites
- Payment of a tour guide

Field trips do not include:

- Lunch (unless stated otherwise)
- Snacks

A minimum of 8 people is required for each field trip.

